

CURRICULUM VITAE

Name: Carolle Jean-Murat, M.D., F.A.C.O.G.

Title Medical Director Dr. Carolle's Wellness Center for Midlife Women
San Diego CA
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Specialization: **Obstetrics and Gynecology.**
(Practice limited to Gynecology/menopause consulting)

University Affiliation: Clinical mentor for undeserved students at San Diego States University,
Past clinical professor at UCSD School of Medicine 1985 to 2000

Education: **April 1994 through February 1995:** "An Intensive Program in Primary Care for Ob/Gyn Physicians, Sharp Health Care, San Diego, CA
September 1978 to August 1982: Residency in Obstetrics and Gynecology, Mount Sinai Medical Center, Milwaukee, Wisconsin; affiliated with the University of Milwaukee and the University of Madison, Wisconsin, Medical School.
August 1977 to July 1978: Social Service, Department of Public Health, Mexico.
July 1976 to June 1977: Rotating internship, University of the West Indies, Medical School, Jamaica.
August 1972 to June 1976: Medical School, Autonomous University of Guadalajara, Mexico
September 1966 to June 1970: Pre-med., B.S., Lycee du Cent- Cinquantenaire, Port-au-Prince, Haiti.

US Exams passed:

1. ECFMG 1977
2. FLEX 1980
3. Written Boards, American Board of Ob -Gyn, June 1982
4. Oral Boards, American Board of Ob-Gyn, December 1985

Other Professional Activities: Review medical records and testify at trials for rape/murder cases San Diego County Public Defenders Office.
Review medical records for compliance with appropriate medical standards, Medical Board of California.
Past chairman, Mortality and Morbidity Review – Grossmont & Alvarado Hospital, San Diego, CA

Awards and Honors: **June 3, 1981:** Outstanding Resident Award for 1980-1981, Dept. of Ob-Gyn, Mount Sinai Medical Center, Milwaukee, Wisconsin.
Certificate of Appreciation, City of San Diego, **1983.**
Certificate of Appreciation, Women in Business, San Diego State University, **1984.**
Diplomate of the American Board of obstetrics and Gynecology, **1985.**
Fellow of the American College of Obstetricians and Gynecologists, **1985.**
The Salvation Army, Certificate of Appreciation, **1985.**
Certificate of Appreciation, Federally Employed Women, **1985.**
Certificate of Appreciation, Flying Hill High School, **1986.**
Certificate of Commendation, Naval Air Rework Facility, "Federal Women's Week," **1986.**
Certificate of Appreciation for Community Workshop, Southeast Counseling and Consulting Services, **1987.**
Certificate of Honorary Membership for outstanding and Valuable Service, San Diego State University Pre-Medical Society, **1989.**
United Way, **1989.**
Catholic Charities, Diocese of San Diego, **1991.** Rachel's Women's Center's Award, in recognition and appreciation for commitment of providing quality medical care to homeless women through the Medical Screening Program, **1986-1991.**
San Diego Regional Conference for Women, **1992** Woman of Distinction.
Community Leadership Award, Channel 10, (ABC, San Diego affiliate), **1993.**
Matriarchal Award, Woman Care, **1994.**
Outstanding Black Leader Award, Channel 8, (CBS, San Diego affiliate), **1995.**
San Diego Book Award for "Staying Healthy: 10 Easy Steps For Women," **1995**
African-American Women's Conference "Salutes Carolle Jean-Murat, MD for outstanding services to health care, **1995.**
Lambda Kappa Mu Sorority, Inc., **1995** honoree for outstanding health care services.
National Council of Negro Women, **1995** honoree for health services.
Outstanding Black Leader Award, Channel 8 (CBS San Diego affiliate), **1995.**
Southern Indian Health Council (SHIC), Inc., **1996** "In appreciation for 8 years of services.
Catholic Charities, Diocese of San Diego, **1996.** Rachel's Women's Center's Award, in recognition and appreciation for commitment of providing quality medical care to homeless women through the Medical Screening Program, **1986-1996.**
Special Recognition, The **1997** Peter F. Drucker Award for NonProfit Innovation, St Vincent de Paul Village, Physicians Reach-Out Program.
Southern Indian Health Council, **1998** Certificate of Appreciation for 10

years of outstanding services and excellence in medicine.
 Woman of Excellence, Beta Sigma Pi, **1999**.
 Certificate of Appreciation, San Diego City Schools, for participation in the annual African American Student Role Model Conference “Touching the Spirit.” **1999**.
 San Diego Book Awards, Women’s Issues - 1999 for *Menopause Made Easy*, **2000**.
 Certificate of Appreciation, the University of California, San Diego, Chicanos & Latinos for Creative Medicine, **2000**.
 Bob Marley Peace Award, for “efforts in advancing the global cause of equality, justice, and peace – Children for Haiti Project **2002**.
 Certificate of Appreciation, Florida Haitian Student Association, **2003**.
 Women Who Mean Business Award, San Diego Business Journal, **2004**.
 Certificate of Appreciation, St. Vincent de Paul Village Family Health Center, in Recognition of Your Deep Commitment and Outstanding Devotion to Our Organization and the People We Serve, **2004**
 Women of Distinction Award, Soroptimist International of Vista, **2005**

Medical Practice:

Private practice, San Diego, CA, from 1982 to 2005.

Bibliography:

Mind, Body, Soul & Money: Putting Your Life in Balance, 2002
Natural Pregnancy A-Z, 2000
Menopause Made Easy: How to Make the Right Decisions for the Rest of Your Life, 1999 – Revised Edition – 2002.
 Contributing author of *Millennium 2000: A Positive Approach* by Louise L. Hay and Friends, 1999
Let’s Stay Healthy – half hour TV talk show 1996-1997
Buena Salud: 10 Pasos Simples Para la Mujer 1994
Staying Healthy: 10 Easy Steps for Women, 1994
Staying Healthy: Women Wellness Series, Audio cassettes Series, 1995.
Primary squamous cell carcinoma of the vagina in a young woman, a case presentation and review of the literature, 1982.
 Health consultant and columnist for:
Baja California Diario
www.drcarolle.com
 vabyourhealth.com
 WebMD
 Décor & Style Magazine – *Women Living Well Series*
 Dr. Jean-Murat is one of the ten worldwide doctors featured in *Fabulous Female Physicians* in *The Women's Hall of Fame Series* by Sharon & Florence Kirsh.

Board Affiliation:

Advisory board member: **GE Financial Center for Learning:** 2002-2005

Founder and president of **Health Through Communications Foundation** 1993
Founder Haitian Society of San Diego, 1994
Board of Directors, International Emissary: **C.O.D.E.V.A.**, La Vallee de Jacmel, Haiti, 1999.

Languages spoken:

French, Haitian, Spanish, English, Italian.

Membership:

American College of Obstetrics and Gynecology
National Organization for Women
Planned Parenthood Association
Southeast San Diego Rotary Club

Community Services:

Bi-annual trips to La Vallee de Jacmel, Haiti to provide much needed medical care to an undeserved area.
The Salvation Army
San Diego Urban Indian Center
House of Rachel for Homeless Women, Medical Screening Program, 1986 to present.
Greenfield Junior High, mentor, 1987 to present.
Mentor and teacher, St. Stephens Christian School,
Our Lady Of Peace Academy, mentor 1988 to 1994
Mentor, UCSD School of Medicine for minority students.
Mentor, UCSD Post-bach program for minority students
Mentor, San Diego State University (SDSU) HCOP program for minority students interested in health care.
St. Vincent de Paul Village Center for the Homeless, 1997 to present.

Hobbies:

A painter whose art works have been featured in art shows.
An internationally acclaimed speaker and seminar leader.
Multiple features on TV, Radio, Newspapers, and Magazines.
Radio Talk Show Host in English and Spanish.

References: Available upon request.